

Announcing *Perfectly Crazy*, a Romantic Novel from New Year Publishing
First-time author Mitzi Penzes shows that it's never too late to go after the perfect man

DANVILLE, Calif. – September 1, 2011 – New Year Publishing is pleased to announce author Mitzi Penzes' debut novel, *Perfectly Crazy*. At forty, Nell is a sensible wife, mother, and entrepreneur with a stable marriage and a comfortable California lifestyle. So why is she suddenly giving in to an attraction for David, a plutonic friend of nearly twenty years? As this romantic novel shows, it's never too late to follow one's heart—although it might be *Perfectly Crazy*.

After an unexpected kiss turns her life upside-down, Nell's quest for self-discovery takes her from her San Diego home to the most romantic spots in Europe. Penzes' fast-paced plotting, honest narrative, and optimistic tone will make *Perfectly Crazy* a favorite among female readers who can relate to the wrenching questions Nell faces while deciding whether to go after her perfect man, despite the life-altering consequences.

Mitzi Penzes' debut novel is inspired by her parents' against-all-odds relationship and her own life experiences. Like Nell, the author has had her share of mid-life adventures including emigrating from Hungary to the United States, surviving a brain tumor, and giving birth to her first child at age 45. "From starting a family to writing a novel, the most important events in my life have had a late start," says Penzes, who is now in her mid-fifties and has already had a 30-year career as a neurologist and laboratory manager. "I hope readers of *Perfectly Crazy* will be inspired by Nell and David to follow their own dreams, regardless of age or any obstacles that may stand in the way."

Perfectly Crazy is available now from Amazon.com (<http://www.amazon.com/Perfectly-Crazy-Mitzi-Penzes/dp/193554733X>), BarnesAndNoble.com (<http://www.barnesandnoble.com/w/perfectly-crazy-mitzi-penzes/1104191782>), and select retailers. It retails for \$15.95 (paperback), \$25.95 (hardcover), and \$4.99 (Kindle and NOOK eBook formats). More details can be found at <http://www.perfectlymitzi.com>.

About the Author

Mitzi Penzes (pronounced "pain-zesh") grew up in Hungary, where she trained and practiced as a neurologist. She has lived in the United States for the last twenty-five years, where she pursued a career in lab management. She lives with her son, husband, and cat in Napa, California. *Perfectly Crazy* is her first novel.

About New Year Publishing

New Year Publishing, LLC was founded in 2004. The Danville, California-based publisher's portfolio includes business books, children's books, and contemporary fiction. More information on New Year Publishing can be found online at <http://www.newyearpublishing.com>.

Press Contact

Dave Morris
New Year Publishing
publisher@newyearpublishing.com
(925) 348-0481